Sava Youth Parliament, Webinar 30th March 2023

# Nature-based Solutions for Flood Risk Management

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# Objectives

Learn how large-scale nature-based solutions can reduce risks from floods and provide co-benefits for water, nature and people

# Floods

- Floods occur because of excessive rainfall or snow melt (natural process).
- During floods, water flows out of river channels into the *floodplains*.
- The floods can cause serious damage to people and their property.
- Risk (potential impact) from floods is greater for greater flood magnitude.







# Human influence on floods

- People change natural paths of water by
  - urbanisation: building more impervious areas prevents infiltration of water into the soil and increases quantity and speed of water runoff
  - deforestation: less water is captured by vegetation and more water flows into the rivers
  - dumping of garbage into rivers: water flow is obstructed, bridge openings are clogged, and local flooding occurs
  - excessive quarrying (stone and gravel extraction): makes the land bare and increases and accelerates water runoff
- Consequently, risk from flooding increases







### Traditional measures for flood risk reduction



Levees (dikes) along the river prevent flooding behind them



Culverts and pipes convey water under the roads or railway



Diversion (bypass) channels evacuate excess water from main channel





**Emergency barriers** (mobile equipment) are used as temporary structures during floods

Jankomir weir, Croatia





Storage facilities (reservoirs, detention ponds or retention ponds) store water and release it slowly



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# Nature-based solutions for flood risk reduction



FLOODPLAIN RESTORATION



**RE-MEANDERING** 



WETLAND RESTORATION



RETENTION PONDS



**RIPARIAN BUFFER STRIPS** 



AFFORESTATION & FOREST CONSERVATION

#### Benefits and co-benefits of large-scale NBS

Large-scale NBS reduce risks and have many other benefits and co-benefits.



Reducing erosion and improving soil also reduces risk from landslides.

#### Benefits and co-benefits of large-scale NBS

#### HIGH @ MEDIUM PLOW

Benefits & co-benefits	Floodplain restoration	Re-meandering	Wetland restoration	Retention ponds	Riparian buffer strips	Afforestation & forest conservation
Storing and slowing runoff and river flow	ą	Ŧ	ଡ	ą	Ē	đ
Reducing runoff	(P)	Ē	Ē	ą	(ji)	ą
Reducing erosion	ą	ą	Ģ	(in the second s	ø	ą
Improving soil	ą	Ē	(iii)	(ii)	(jii)	(B)
Reducing pollution	Ē	Ē	Ē	Ē	Ē	¢
Improving habitats and biodiversity	ą	¢	ஞ	(ii)	Ē	(P)
Improving climate (reducing temperature, reducing $CO_2$ )	Ē	Ē	ø	(jii)	Ē	ෂ්
Creating recreational opportunities	ą	ø	Ē	ą	Ē	¢
Creating new job opportunities	Ē	Ē	ø	ą	(ji)	ą

Two examples of large-scale NBS

# Room for the River (The Netherlands)

https://www.dutchwatersector.com/news/room-for-the-river-programme

# Room for the River (The Netherlands)



- Initiated after great floods in 1993 and 1995 when 250,000 people were evacuated from their homes
- Main goal:
  - expand room for the rivers during high water by restoring natural floodplains, and use the space for other purposes between the floods
  - improve the environment for nature and people
- Interventions at 39 locations



#### Room for the River (The Netherlands): Nijmegen

BEFORE



AFTER

#### Room for the River (The Netherlands): Nijmegen

#### DURING HIGH WATER



DURING LOW WATER



#### Room for the River (The Netherlands): Nijmegen

#### RECREATIONAL AREA & ARCHITECTURAL AMENITIES











# NBS in Sava River Basin: Lonjsko polje

#### Lonjsko polje (Croatia)

- Natural retention area in the floodplains of the Sava River
- Part of the central Sava flood control system, one of several retention areas
- Nature park with abundant biodiversity



#### NBS in Sava River Basin: Lonjsko polje

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## Summary

- Large-scale NBS can be used for flood risk reduction in rural and agricultural areas
- Large-scale NBS provide multiple benefits for water, nature and people
- In addition to reducing risk from floods, some large-scale NBS can also reduce risk from other hydrometeorological hazards (erosion, droughts, heat waves)
- Some resources:
  - Comprehensive catalogue of measures: <u>http://nwrm.eu/</u>
  - Interactive selection of measures for different conditions: <u>http://www.reconect.eu/services-platform/measure-selector-tool/</u>



# Thank you



Ozegahara in Oze National Park, Japan